Today’s boys...tomorrow’s gentlemen
From the Principal

The Season of Lent

Earlier this term, the whole school gathered in the gymnasium to mark Ash Wednesday and to reinforce the significance of this occasion. Now that we are engaged in the Lenten season it is perhaps appropriate to take stock of the measures we are adopting to ensure that this is a meaningful time in our lives.

The observance of Lent is often characterised in the tradition of our Church through the practices of prayer, fasting and almsgiving. It is a time of both self-denial and renewed attention to the way we relate to God and others. For those who fully embrace this season it has the potential to be rich in significance and experience.

Prayer provides meaning to the actions we undertake during Lent. It enhances our relationship with God and allows us to express our gratitude for the blessings we have received from Him. During this season let each of us pray for the welfare of others and for the strength to faithfully fulfil our own Lenten promises.

During this time we are also encouraged to refrain from all excesses and to fast as a means of developing self-discipline. In this way we foster an empathy with those who are forced to go without food as a result of poverty. At the same time, we bring into focus the unjust social and economic structures in our world which
promote inequality. Fasting and self-denial may also lead to an increased awareness of our ongoing call to redress injustice wherever we find it in our daily lives.

Almsgiving is a natural response to our heightened consciousness of inequality and expresses an understanding of the fact that the needs of all are the responsibility of all. In many ways almsgiving is the ‘fruit’ of prayer and fasting and may achieve its expression in a variety of ways including contributions to Project Compassion and increased involvement in service activity. Regardless of the specific form of expression, almsgiving is recognition of our own privileged status and an act of gratitude for the many blessings that we enjoy.

In his Lenten address for this year, Pope Francis reminds us that the responsibility to address inequity exists most strongly for those who are privileged. He challenges the wealthy of our world to recognise their own spiritual poverty and look to the needs of those at the margins of our society. He says that, “The real poor are revealed as those who refuse to see themselves as such ... this is because they are slaves to sin, which leads them to use wealth and power not for the service of God and others, but to stifle within their hearts the profound sense that they too are only poor beggars ... Faith finds expression in concrete everyday actions meant to help our neighbors in body and spirit: by feeding, visiting and comforting them.”

I hope that all families derive inspiration from the words and actions of our pontiff and take the opportunity to maximise the possibilities of this special time.

Swimming Carnival
Our House Swimming Carnival was held at HBF Stadium last Friday. The style of our carnival promotes participation and a focus on each competitor striving to do their best. Among the many outstanding performances, it was pleasing to see so many boys engaged in healthy competition and enjoying the day. Congratulations to Rice House on their victory and to each
of the individual award winners. Full details can be found in the Newsroom section of our College website.

**Share the Journey**

This innovative programme is conducted by a group of dads from the College through the Parent Auxiliary and will occur on **Sunday 20 March**. A preparatory session is conducted on the evening of **Thursday 17 March** and together these two occasions provide a tremendous opportunity to enhance the relationship between fathers and their sons. If dad is not able to attend, then any other significant male adult is invited to join the young man on this walk. An advertisement for this programme appears on the right, and I draw your attention to it for further details. While all fathers of the College are invited to attend we do extend a particular welcome to Year 7 dads. Please keep the relevant dates free and commit this time to your son and yourself.

**Open Day**

Please be advised that our College Open Day will be conducted on **Tuesday 15 March**. Families are asked to note that classes will finish early at 1.05pm on that day in order to facilitate our Open Day tours which continue until 6.00pm. Many students will be involved as tour guides and activity leaders throughout that afternoon and early evening. Students not involved in some capacity will be allowed to leave school at 1.05pm.

Mr Shaun Kenny
Principal

CBC Fremantle Parent Auxiliary invites dads and their sons to share a unique adventure that will last approximately three hours, and stay with you for a lifetime. All you need to do is put on your walking shoes, a hat and sunscreen, and bring a water bottle.

This is a special event for fathers and the opportunity to enjoy some local history and to generally have a chat about a range of issues, including your family’s history. A free sausage sizzle will conclude the event.

Members of the College Leadership, Shaun Kenny and Dom Burgio, together with several senior students, will join fathers and sons.

**A pre-event meeting will be held on Thursday 17 March at 7.30pm in the College’s Arts Learning Area to brief fathers about the walk.**

Please advise of your attendance to the pre-event meeting and to the walk by emailing John Atkinson at parentauxiliary@cbcfremantle.wa.edu.au.

**Sunday 20 March at 9.35am for 10.00am start at Point Walter Amphitheatre**

Spend some quality time with your son – take a walk with him and **Share the Journey**.
CBC’s College Calendar can be viewed online by clicking on the Quick Link on the home page of the website. You can also subscribe for the Calendar to synch on your iCal or Outlook by clicking the link at the top right of the Calendar page.

Important dates coming up – check the Calendar for more details.

Thursday 10 March
House Cross Country

Sunday 20 March
Share the Journey

10.00am start at Point Walter Amphitheatre

Don’t miss the opportunity to share a unique adventure and stay with you for a lifetime.

All you need to do is put on your walking shoes, a hat and sunscreen, and bring a water bottle.

This is a special event for fathers and their sons to enjoy a relaxed walk together, explore some local history and to generally have a chat about a range of issues, including your family’s history. A free sausage sizzle will conclude the event.

Members of the College Leadership, Shaun Kenny and Dom Burgio, together with several senior students, will join fathers and sons.

A pre-event meeting will be held on Thursday 17 March at 7.30pm in the College’s Arts Learning Area to brief fathers about the walk. Light refreshments will be provided.

Please advise of your attendance to the pre-event meeting and to the walk by emailing John Atkinson at parentauxiliary@cbcfremantle.wa.edu.au.

Schedule in your diary an early morning start with your son and take him to school via your favourite coffee shop for breakfast. This is a great way to talk to your son without any distractions and find out what’s been happening in his life.

Plan a Sunday drive with your son, maybe somewhere you haven’t been before. Aim for a place a few hours away and let him be the navigator.

Prepare a meal together. This is a great way to spend time in a relaxed environment, talking about what’s happening in each other’s lives while having a bit of fun. You may be surprised at the results!

Do more things with your son than for him … make the most of those ‘teachable’ moments.
In the **Newsroom**

Visit the College website at [www.cbcfremantle.wa.edu.au](http://www.cbcfremantle.wa.edu.au) and click on the Newsroom under Quick Links on the left hand side.

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**29 February**

**Rice breaks Samson’s swimming reign**

After six years of Samson House dominating the annual House Swimming Carnival, Rice House overthrew the boys in blue and took home the coveted shield on Friday at Challenge Stadium.

[Read more...](#)

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**25 February**

**Embarking on The Rite Journey**

CBC Fremantle’s watershed programme for Year 9 students, The Rite Journey, was launched for 2016 on Friday night at Monument Hill.

[Read more...](#)

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**16 February**

**Opening Mass**

CBC Fremantle community gathered to celebrate Opening Mass for the 2016 school year in the College Cloisters on Monday night.

[Read more...](#)
Great start for 1st XI Cricket

The 1st XI Cricket team began the season with Kennedy Sorrell named as captain and six players making their debut in the Graham Wood Shield competition.

The first game saw a tight display of bowling by Nicholas Allan (2/14) and Kennedy Sorrell (1/15) help to restrict Corpus Christi to 8/98. These runs were chased down in 18 overs. After a very shaky start of two wickets for zero runs, Tom Monaghan (22) steadied the ship before debutants Nicholas Veletta (21 not out) and Matthew Geaney (14 not out) knocked off the runs.

The next game was similar to the first. Excellent bowling by Jack McGrath (2/16), Nicholas Allan (2/14) and Kennedy Sorrell (1/15) restricted Willetton to a modest 7 for 88 off their 20 overs. The CBC opening pair of Kaiden Cookson (37) and Jack Camarda (37) methodically constructed a partnership of 86 before Matthew Geaney put on the winning runs.

Game three was a special event with Emmanuel College hosting CBC Fremantle in a Pink Stumps Game, where we raised money for the McGrath Foundation for Breast Cancer research. The bowling attack kept the opposition to the small total of 9/88. Ambrose Ryan 3/9 and Kennedy Sorrell 3/12 were the pick of the bowlers. After an early runout, the CBC batsmen, big hitting Tom Monaghan (31) and a watchful Zane Sumich (16), complemented the superb knock of 55 not out by Jack Camarda which took the team to victory.

The three wins now sees CBC into the knockout phase of the competition.

If you would like to support our McGrath Foundation Pink Stumps game and donate to this worthy cause please follow the link: pinkstumpsday2016.gofundraise.com.au/page/emmanuelpinkstumps
Lions Youth of the Year

The Lions Fremantle Branch Youth of the Year Quest was conducted recently with Year 12 students Riley Faulds and Nathan Rowe battling it out to be the branch representative in the competition.

The boys were questioned in a 30 minute panel interview by three judges before moving onto the public speaking section of the competition where they were required to answer two impromptu questions which were on pill testing at music and dance festivals and the impact of robots on their future job prospects.

They then delivered a five minute speech on a topic of their choice. Riley spoke on the value of heroes in peoples’ lives and Nathan addressed his passion for learning.

The young men both represented our College extremely well and engaged with the Lions members politely and genuinely. Riley Faulds prevailed in the competition, and will now progress to the final against five other representatives from clubs in the southern district.

Ms Shayni Nelson
Debating Coordinator

CBC snippets

Year 8 Design & Technology students were thrilled with their first project of the year, hand made pencil boxes. The boys had great fun sanding, hammering and laser cutting sliding lids, building up their practical skills with the tools and gaining confidence in the process.
The annual House Cross Country day will be held on **10 March** with students completing a 4km run from South Cottesloe to Port Beach.

The day will be staggered with the following year groups racing together and missing two periods of the College day.

- **Years 7/8** Period 1 – Period 2
- **Years 11/12** Period 3 – Period 4
- **Year 9/10** Period 5 – Period 6

This is a compulsory event for all students at CBC Fremantle and participation is the focus of the day. We encourage all students to do their best regardless of their ability or fitness levels.

Students will be required to wear their house sport uniform with predominantly white running shoes to school on this day.

It is important that all students are well hydrated and have sufficient food before and after the event to avoid injury and illness. We look forward to another great event at CBC Fremantle and all students giving their best effort.

If you have any queries or concerns, please do not hesitate to contact me at stepenh@cbcfremantle.wa.edu.au.

Mr Stephen Hunter
Coordinator of Sport
Drama and excitement for 2016

Drama excursions and incursions
Drama students are encouraged to see as many live performances as possible. Information will be sent out regarding the following Drama performances scheduled for this year.

<table>
<thead>
<tr>
<th>Performance</th>
<th>Recommended Years</th>
<th>Dates and times</th>
<th>Venue</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lion King</td>
<td>Yr 7-12</td>
<td>Wednesday 27 Feb 1.00pm</td>
<td>Crown Theatre</td>
<td>$65.00 (Transport extra)</td>
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<tr>
<td>Landmark musical event</td>
<td></td>
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<tr>
<td>Hamlet</td>
<td>Yr 7-12</td>
<td>Tuesday 14 June 9.00am</td>
<td>ALA</td>
<td>$8.50</td>
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<tr>
<td>Bell Shakespeare</td>
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<tr>
<td>Caucasian Chalk Circle</td>
<td>Yr 9-12</td>
<td>Wednesday 10 Aug 11.00am</td>
<td>State Theatre</td>
<td>$35.50 (Supervised train transport)</td>
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<tr>
<td>Black Swan Theatre Co</td>
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<tr>
<td>Othello</td>
<td>Yr 10-12</td>
<td>Thursday 18 Aug 11.00am</td>
<td>State Theatre</td>
<td>$25.00 (Supervised train transport)</td>
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<tr>
<td>Bell Shakespeare</td>
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<tr>
<td>As You Write It</td>
<td>Yr 7-12</td>
<td>Thursday 22 Sept 9.00am</td>
<td>ALA</td>
<td>$7.00</td>
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<tr>
<td>New Zealand Playhouse</td>
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CBC Fremantle presents

TWELVE ANGRY MEN

written by Reginald Rose
directed by Rosalba Jeffreys

3 to 5 April 2016

Sunday matinee at 3.00pm, evenings at 7.30pm
CBC Fremantle Arts Learning Area
Tickets Adult $15 | Child $5
at www.cbcfremantle.wa.edu.au
What CBC boys like about the **Swimming Carnival**...

**Reno Boladian**  
*Year 9*  
*Samson House*  

Are you enjoying the Swimming Carnival?  
It’s been fun.  

Which events have you entered?  
Freestyle. I came third.  

Who do you think is going to win?  
I’m not happy about it but I think Morgan will win.

**Sam Nicholas**  
*Year 9*  
*Samson House*  

Are you enjoying the Swimming Carnival?  
It’s really good.  

Which events have you entered?  
Freestyle, breaststroke, backstroke and body board. I went okay, not the best but okay.  

Who do you think is going to win?  
I want Samson to win, but it looks like Morgan at this stage.

**Riley Camarda**  
*Year 8*  
*Patrick House*  

Are you enjoying the Swimming Carnival?  
It’s fun.  

Which events have you entered?  
Breaststroke, freestyle and the relay.  

Who do you think is going to win?  
Samson.
Liam Solar  
Year 10  
Rice House

Are you enjoying the Swimming Carnival?
It’s been good so far. It’s good to see everyone participating.

Which events have you entered?
Freestyle and breaststroke.

Who do you think is going to win?
Rice.

Tom Ryan 
Year 12 
Samson House

Are you enjoying the Swimming Carnival?
It’s good.

Which events have you entered?
Bodyboard – I came fourth.

Who do you think is going to win?
Morgan or Patrick.

Nathan Rullo 
Year 9 
Samson House

Are you enjoying the Swimming Carnival?
It’s been pretty good.

Which events have you entered?
Bodyboard – I came third.

Who do you think is going to win?
Not sure.
CBC Fremantle Old Boys’ Association

ALL AGES REUNION
AND ALUMNI RECOGNITION AWARDS

All CBC Fremantle Old Boys and their partners are invited to register to attend an All Ages Reunion and Sundowner in the College Cloisters.

Tickets are $25/person and include refreshments and entertainment. Click here to purchase tickets.
Community Notices

It is the policy of CBC Fremantle to distribute information when requested regarding community activities and details about educational programmes. This does not imply that CBC endorses these activities or the information. Please provide information in an unformatted Word document to enquiries@CBCFremantle.wa.edu.au. Submissions will be accepted at the discretion of CBC Fremantle.

Western Knights Soccer Club

Western Knights Soccer Club are looking for players for our U18 Division 1 State League Team. Training is on Davis Oval every Tuesday and Thursday from 6.30pm to 8.00pm. Games are on Saturday at 11am, alternating between home and away. For further information and to express interest please contact westernknights1968@gmail.com or Gordana on 0437 770 095

Western Knights Soccer Club: Nash Field, Cnr Solomon Street & Victoria Street, Mosman Park PO Box 4129, Mosman Park.
REGISTER NOW!
Vic O’Neil - 0407 654 330 - vic@suremigration.com

Sock it to Sarcoma!

Saturday 2nd April 2016
Take the skydive challenge and raise money for Sock It To Sarcoma! 15,000 feet tandem jump (in Jurien Bay) followed by a celebratory get together!

MARCH
9
Wednesday

BATHERS BEACH
TRIATHLON

Bathers Beach: Arthur Head Reserve, Mrs Trivett Pl, Fremantle WA 6160
6:30am - 8:00am

Bathers Beach Triathlon consists of a 200m swim, 2k run and a novelty event. Registration fee is $5pp. There will be prizes given out and breakfast provided. Please be there at 6.30am for registration with briefing commencing at 6:50am.

Also join the event on Facebook (Bathers Beach Triathlon 2016) to find out how to register and keep updated about the event.

A Evening With Melinda Tankard Reist
Melinda Tankard Reist is a Canberra author, speaker, media commentator, blogger and advocate for women and girls. She is well known for her work on the objectification of women and sexualisation of girls, and efforts to address violence against women and is a co-founder of Collective Shout: for a world free of sexploitation.
Wednesday 9 March 2016 at 7.00 pm at Riverside, McDonald Building, Santa Maria College
No charge for this event but bookings are essential. To book go to www.trybooking.com/184095
Sponsored by the Santa Maria College Parent Council. For more information email crd@santamaria.wa.edu.au.
**Registration for all 2016 Sacramental Programs at St Benedict’s Church**

All Catholic children who are eligible to receive the Sacraments of Reconciliation, First Holy Communion and Confirmation in 2016 are required to register for their respective sacraments on the weekend of 12 March at the 6.00pm Mass and 13 March at the 9.30am Mass.

An Enrolment and Commitment Ceremony for all children preparing for their Sacraments will be held at these masses. Registration forms are available at the back of the Church. Please contact the Parish office for further queries.